



Embodiment... Embedded

Consent-forward practices for safer, sexier, and kinder communities of play.

Who It's For

Emerging and established leaders, facilitators, and educators in consent-forward communities who want to deepen their relational and facilitation skills.

About The Courses

These workshops blend somatic awareness, pleasure activism, and facilitation tools. Participants learn to navigate complexity in relationships, build trust, and create consent-centered environments where play, intimacy, and connection can flourish safely and joyfully.

Featured Workshops

- Aftercare is Not an Afterthought — Explore multiple approaches to aftercare, from self-directed to community-supported.
- Safewords Are Not a Failsafe — Learn why safewords sometimes fail and explore trauma-informed alternatives for clearer communication.
- Shadow in Polyamory — Recognize and address harm in metamour relationships with compassion and clarity.
- Risking Connection — Learn to set intentions and communicate goals for intimacy in event settings.
- Workshopping Your Workshop — Build confidence and skill in designing and delivering workshops that engage and inspire

Commitment

Every session is rooted in care, consent, and embodiment, offering participants practical tools they can immediately bring into their communities.



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